

Jump with Jill, the world's only rock & roll nutrition show, took the stage earlier this month at the **Exchange Club of Naperville's** annual **Ribfest** sponsored by Meijer in Naperville, Illinois. The Jump with Jill team brought the crowd to its feet while encouraging them to make healthy lifestyle choices with catchy music, dance moves and hip outfits.

The four-day festival sponsored by the Exchange Club of Naperville hosted a variety of acts from Jump with Jill to Sheryl Crow in support of an important cause: the prevention of child abuse. The Exchange Club of Naperville has raised more than \$14.5 million for local charities through its efforts at its annual Ribfest festivals. One such charity is the Exchange Club of Naperville's own **Project HELP**, which the organization established in 1992 as a Center for the Prevention of Child Abuse. The Exchange Club of Naperville aims to make its community better places to live through programs in Community Service, Youth Activities, Americanism and the Prevention of Child Abuse.

<https://meijercommunity.com/2016-07-13-Jump-with-Jill-Pumps-Up-the-Party-at-Naperville-Ribfest>